

A School  
Perspective  
during this  
COVID Crisis.

# The Guidance.

**It still may feel like your school is doing nothing, because...**





Or this.



**Thinking less about compliance and more about coherence.**

- What are they doing to support students with special needs in a coordinated way?
- Just for now, think and worry less about deadlines and paperwork and legal standards and more about providing what's appropriate and reasonable.
- Valuing your voice and your circumstances for keeping your child engaged with opportunities to learn.

SO HERE'S WHAT  
YOU CAN DO.

## COVID-19 DAILY SCHEDULE

Before 9:00am	Wake up	Eat breakfast, make your bed, get dressed, put PJ's in laundry
9:00-10:00	Morning walk	Family walk with the dog, yoga if it's raining
10:00-11:00	Academic time	NO ELECTRONICS Sudoku books, flash cards, study guide, Journal
11:00-12:00	Creative time	Legos, magnetics, drawing, crafting, play music, cook or bake, etc
12:00	Lunch	
12:30PM	Chore time	A - wipe all kitchen table and chairs. B - wipe all door handles, light switches, and desk tops. C - Wipe both bathrooms - sinks and toilets
1:00-2:30	Quiet time	Reading, puzzles, nap
2:30-4:00	Academic time	ELECTRONICS OK Ipad games, Prodigy, Educational show
4:00-5:00	Afternoon fresh air	Bikes, Walk the dog, play outside
5:00-8:00	Dinner	
6:00-8:00	Free TV time	Kid shows x3
8:00	Bedtime	All kids
9:00PM	Bedtime	All kids who follow the daily schedule & don't fight



OR..

# Supporting

# ANYONE

# Through Uncertain Times



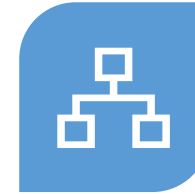
SUPPORT  
UNDERSTANDING



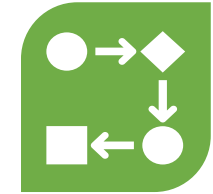
OFFER  
OPPORTUNITIES FOR  
EXPRESSION



PRIORITIZE COPING  
AND CALMING  
SKILLS



MAINTAIN  
ROUTINES



BUILD NEW  
ROUTINES



FOSTER  
CONNECTIONS  
(FROM A  
DISTANCE)



BE AWARE OF  
CHANGING  
BEHAVIORS

***Autism Focused Intervention Resources & Modules***

<https://afirm.fpg.unc.edu/supporting-individuals-autism-through-uncertain-times>

# Daily Quarantine Questions for Kids

- Who or what am I grateful for today?
- Who am I connecting with today?
- What has been hard about today?
- And, why is that okay?
- How am I getting outside today?
- How am I moving my body today?
- What did I learn or create today?





Something.

# RESOURCES



THIS IS NOT AN  
ADVERTISEMENT.



THEY ARE (MOSTLY) FREE.



THEY ARE RESEARCH BASED (OR  
ARE A SUPPLEMENT).



LOTS OF COMPANIES,  
SOFTWARE, AND APPS ARE  
DOING FREE TRIALS RIGHT NOW.

# Literacy.

Literacy Intervention Resources		
Grade Band	Topic/Skill	Link
K-8	Reading Fluency	<a href="#">ReadNaturally</a>
K-5	Reading Comprehension	<a href="#">RazKids</a>
K-12	Reading Fluency & Comprehension	<a href="#">Learning Ally</a>
5-12	Reading Comprehension: REPLACEMENT CURRICULUM	<a href="#">Achieve3000: Actively Learn</a>

# Math.

Math Intervention Resources		
Grade Band	Topic/Skill	Link
K-2	NumberSense	<a href="#">TouchMath: Counting App</a>
K-3	Addition	<a href="#">TouchMath: Jungle Addition App</a>
K-8	Math Intervention	<a href="#">Dreambox</a>
9-12	Math Intervention	<a href="#">Aleks</a>
K-12	Math Standards-Based Curriculum: REPLACEMENT CURRICULUM	<a href="#">IXL: Standards-Based Curriculum for Instructional Level Replacement</a>

# Functional Academics & Transition

Grade Band	Topic/Skill	Link
4-12	Functional Academics Skills	<a href="#">Styer Fitzgerald Functional Academics Program</a>

Topic/Skill	Link
Study Habits	<a href="#">Study Habits Questionnaire</a>
Learning Style	<a href="#">What's Your Learning Style</a> <a href="#">Learning Style Inventory</a>
Challenges for Me	<a href="#">Things That are Difficult for Me</a>
Career Clusters	<a href="#">Career Clusters Inventory</a>
Interest Inventory	<a href="#">What's My Bag</a>
Independent Living Skills	<a href="#">Adolescent Autonomy Survey</a>
Self-Determination / Self-Advocacy	<a href="#">Self Determination Checklist</a>

# Social Skills

## Computer Based Resources:

- Super Better

<https://www.superbetter.com/>

- Social Express

<https://www.socialexpress.com>

(Free until June 1st because of COVID-19)

- Includes Social Express
- Cool School
- Teen Career Path

## Apps for Kids:

- K-3

Model Me Going Places 2

(For modeling social interactions)

- 2-6

Prism

(Game for teaching empathy)

- 3-12

Stop Breathe Think

(Tool for guided meditation and builds compassion skills)