

Clinical considerations

- Educational
- Mental Health (behaviors, sleep)
- Physical Health (epilepsy, GI, other medical comorbidities)
- Caregiver burden and stress
- Access to research, especially clinical trials

Clinical tips to optimize wellbeing

- Maintain a schedule: especially first 2 hours of the morning and the last 2 hours of the evening
- Continue all medications and avoid making changes without provider input
- Communicate with providers via phone or telehealth
- Stay connected! Physical distancing is not the same as social distancing
- Resources are available:

<https://autismsciencefoundation.org/covid-19-resources>

<https://www.semel.ucla.edu/autism/covid-19-information>

Research continues!



→ Remote screening and enrollment

- **Screen** families through phone and email
- **Consent** over the phone

→ Remote visits

- **Online questionnaires** completed through email link, entered directly into database
- **Phone check-in** with study coordinator to collect data (e.g. parent concerns and treatment intervention history)
- **Phone interview** with clinician to measure adaptive behavior
- 10-minute **play video** uploaded to online server; research staff will code for play skills
- Continued **remote intervention**

We will complete direct assessments/repeat some remote measures when in-person visits resume

Thank you! We are all in this together!

