If TSC is suspected prenatally, work with your healthcare team to make a plan for a thorough TSC workup following delivery. Be sure to notify your pediatrician about this care plan.

If you suspect TSC:

1. **Cardiac rhabdomyomas**
   - Were these seen prenatally or during a child’s normal pediatric appointment?
   - Work with your OB-GYN to schedule a consultation with a genetic counselor.

2. **A seizure or epilepsy**
   - Go to the emergency room and notify your pediatrician.
   - Is your child being admitted to the hospital?
     - No
     - Your child should undergo a thorough neurological evaluation including video EEG monitoring while hospitalized.
     - Yes
     - Depending on age, some non-urgent TSC-related imaging and analysis may be postponed until after the hospital stay.

3. **Suspicous skin lesion at a regular appointment (pediatrician or dermatologist)**
   - Work with your pediatrician and/or dermatologist to schedule referrals to a TSC neurologist (or local neuro- or epileptologist familiar with TSC) for an initial evaluation.

4. **Developmental delay or low-muscle tone**
   - Work with your pediatrician to schedule referrals to a TSC neurologist (or local neuro- or epileptologist familiar with TSC) or an initial evaluation.

5. **Suspicion for TSC and polycystic kidney disorder (PKD) (perhaps due to hypertension in an infant)**
   - Work with your pediatrician and nephrologist to schedule a consultation with a TSC neurologist (or local neuro- or epileptologist familiar with TSC). Plan for an initial cardiology evaluation as well, with follow up visits as determined by the cardiologist depending on findings.

6. **Work with your healthcare team and pediatrician to schedule consultations with other specialists, such as ophthalmology, nephrology, cardiology, and genetics. Some specialty visits are age dependent - your child may not need a pulmonology workup until their late-teenage years.**