

2023 Future Leaders Program

Program Description

The TSC Alliance® Future Leaders Program is a group of individuals ages 17 through 27 including young adults with TSC, siblings of someone with TSC, or other relatives of someone with TSC who are dedicated to building community leadership skills through volunteerism. The Future Leaders program is committed to empowering young adult leaders through mentorship, volunteer services and grassroots advocacy to help develop community-minded change makers and leaders.

Future Leaders will meet monthly to plan and implement young adult volunteer projects, develop strong communication through online and in-person events, and participate in grassroots advocacy initiatives throughout the calendar year.

If you are between the ages of 17 and 27 with TSC, and are a young adult with TSC, a sibling, or a TSC relative and are interested in finding a place where you can make new friends, learn valuable leadership skills, and make a difference, the Future Leaders Program is great opportunity to get involved and we are excited to meet you!

Requirements

Eligible participants are between the ages of 17 and 27 and are either an adult with TSC, a sibling, or a TSC relative. Participants are required to participate in monthly zoom calls, provide quarterly updates on assigned projects, actively participate in TSC Alliance initiatives (as assigned), while fostering new young adult relationships in a positive and impactful way. Participants are also encouraged to pursue or be pursuing some form of higher education.

Awareness components (each participant must complete 3 of 9 individually and group must ensure that all are completed)

1. Join the Community Alliance Leadership Calls – scheduled quarterly
2. Participate in “March on Capitol Hill” Government Advocacy efforts on a local level. Make an appointment with your local representative to tell them about TSC and the Tuberous Sclerosis Complex Research Program (TSCRCP) at the Department of Defense and advocate for support of continued funding of this program (training will be provided)
3. Promote TSC Alliance content on your social media channels, especially webinars and other events hosted by young adults
4. Create an awareness video to be featured during TSC Awareness Month in May
5. Host an online or in-person fundraiser for the TSC Alliance

6. Work in a small group with **Director of Digital Platforms** to interview each other about your experience with TSC and record for a podcast and/or YouTube video
7. Work with **Director of Digital Platforms** and other young adults to create new forums for young adults with TSC to connect (TikTok, Whatsapp group, etc.) and develop content for those forums
8. Join virtual planning committee for the Step Forward to Cure TSC® Global Hybrid Walk-Run-Ride, create a team, and attend a regional walk in your area or participate virtually
9. Work with **Community Programs Manager** to plan and facilitate the Live ZOOM Community Mixer during the Step Forward to Cure TSC Global Hybrid Walk-Run-Ride on May 21, 2023
10. NEW component that you create with approval from the **Community Programs Manager** to enhance the program

Required:

- **Required Project:** *Participate or moderate the four quarterly webinars with the other Future Leaders*
- **Required Project:** *Register and complete the online TSC Academy “March on Capitol Hill” course by February 2023*
- *Join the TSC Alliance Adult Community Facebook page and register to receive TSC Waves, the quarterly e-newsletter for adults with TSC*
- *Touch base monthly with Community Programs Manager*

Exit interview

All program participants will interview with the Community Programs Manager about their experiences in the program and contribute an article for Perspective magazine.

Completion Award

Upon completion of the program, each eligible participant will receive a completion certificate and award.

Details

- The program will run from January 1, 2023, until December 30, 2023.
- Application and follow-up interviews must be completed for consideration of participation in the program.
- Upon acceptance to the program, participants will receive a TSC Alliance Future Leader t-shirt.
- Award will be given only if all requirements of the program are met.

Key Dates

October 28, 2022	FL Application closes
November 14 – 18, 2022	FL Schedule 30-Minute Zoom Interview
December 1, 2022	FL Incoming FL Members Notified
December 14, 2022	FL Attend TSC Alliance hosted “Welcome” Zoom Call
January 11, 2023	FL Kick-Off Meeting Zoom Call
February 15, 2023	FL monthly zoom meeting
February 23, 2023	Required Project (RP): “Register & Complete” TSC Academy
Feb 28 – March 3, 2023	TSC Alliance March on the Hill & Volunteer Leadership Summit
March 22, 2023	FL 1st Quarter Zoom Meeting (RP) - Project update completed
April 12, 2023	FL monthly zoom meeting
May 2023	TSC Awareness Month!
May 10, 2023	FL monthly zoom meeting
May 20-21, 2023	Step Forward to Cure TSC Global Hybrid Walk-Run-Ride
***Attend in-person Live Location or join the Live ZOOM Community Mixer	
June 7, 2023	FL 2nd Quarter Zoom Meeting (RP) - Project update completed
July 12, 2023	FL monthly zoom meeting
August 9, 2023	FL monthly zoom meeting
September 6, 2023	FL 3rd Quarter Zoom Meeting (RP) - Project update completed
October 11, 2023	FL monthly zoom meeting
November 8, 2023	FL monthly zoom meeting
December 7, 2023	FL 4th Quarter Zoom Meeting – Review End of Year Projects
December 18, 2023	FL Graduation (Graduation Ceremony – Exit Interviews)