



An easy-to-use online tool
to help guide individuals and
families through the complexities
of TSC across the lifespan,
proactively manage their care
and live their fullest lives.

TSC Navigator includes sections on "Beginning Your Journey," "Stories of Hope," "Medical Challenges," "Support Navigators" and "Resources." Users can access information based on the age of one's TSC diagnosis, such as prenatal, childhood or adult, to help determine which steps will help empower them throughout their individual journeys. Regardless of age, TSC Navigator also helps individuals with TSC and their caregivers face challenging situations, overcome access issues and address insurance hurdles.



Visit tscalliance.org/tscnavigator

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Navigation Guides

These publications provide essential information to help guide individuals and families through the complexities of tuberous sclerosis complex (TSC) across the lifespan. TSC uniquely affects each individual differently, therefore these guides complement the TSC Alliance's online TSC Navigator tool (tscalliance.org/tscnavigator) and focus on providing individuals and families proactive material to help navigate the medical and non-medical aspects of this journey specific to the defined age group.



Download at tscalliance.org/navigationguides