#### ANNUAL REPORT • 2009

WITH A CURE.
WHERE OUR STORY MUST END.













# The Disease We're Up Against is Formidable. But So Are We.

In 1974, four mothers of children with TSC, having nowhere else to turn but each other, established the Tuberous Sclerosis Alliance (TS Alliance) with these goals in mind: to provide fellowship, generate awareness, pursue knowledge and provide hope to those who share the common bond of facing the daily challenges of tuberous sclerosis complex (TSC).

During 2009, the TS Alliance marked 35 years of staying true to those original goals. But since 1974, our mission has expanded:

The TS Alliance is committed to finding a cure for TSC, while improving the lives of those affected by: 1.) developing programs, support services and resource information; 2.) stimulating and sponsoring research; and 3.) creating and implementing public and professional education programs designed to heighten awareness of the disease.

Today, the TS Alliance serves more than 20,000 constituents, sponsors more than 30 volunteer branches called Community Alliances nationwide, and receives an average of 1.2 million hits on our website each and every month.

## About Tuberous Sclerosis Complex

Tuberous sclerosis complex is a genetic disorder that causes tumors to form in many different vital organs. Epilepsy, autism spectrum disorders, and other intellectual disabilities are also often found in individuals affected by TSC. In fact, TSC is a leading genetic cause of both autism spectrum disorder and epilepsy.

#### Currently, there is no cure.

Nearly 1 million people worldwide are estimated to have TSC, with approximately 50,000 in the United States. At least two children born each day in the United States will have TSC. While many cases go misdiagnosed and undiagnosed due to the obscurity of the disease and the mild form symptoms may take in some people, TSC is as common as ALS (Lou Gehrig's Disease) or cystic fibrosis.

# We're Fighting for the Cure That Could Lead to More Cures

The brain, eyes, heart, kidneys, lungs and skin. Even the adrenal gland, liver, ovaries and pancreas. So many vital organs can be affected—and too often devastated—by TSC.

TSC is a lynchpin disease. Why? Because insights into TSC can provide insights into other diseases. And vice versa. Discoveries in TSC can bring about discoveries in other diseases. And vice versa. New treatments in TSC can bring about new treatments in other diseases. And vice versa.

What's the bottom line? Every minute and every dollar spent finding treatments and a cure for TSC could bring about quantum leaps forward in treatments and cures for autism, epilepsy and cancer.



# We'll Give Everything. But Up.

Doctors and researchers. Moms and dads. Aunts and uncles. Sisters and brothers. Co-workers and friends. People who have tuberous sclerosis complex. People who don't.

The TS Alliance is just that—an alliance of different people committed to supporting each other, providing the best in care and searching not only for a cure, but also for better treatments. One step at a time.

Simply put, the TS Alliance is powered by people—people from all walks of life and from all parts of the United States, united together in a common cause.



# PROGRAMS, SUPPORT SERVICES AND RESOURCE INFORMATION

### Research Program

The TS Alliance's research program stimulates and supports basic, translational and clinical research on the various manifestations of tuberous sclerosis complex (TSC) to further the development of clinical therapies, and ultimately a cure for TSC.

In 2009, the TS Alliance spent a total of \$1,311,445 for research that will achieve these goals, including the TSC Natural History Database and research grant awards. One of the interesting things about TSC is that it affects every single person differently. Until the TS Alliance developed the TSC Natural History Database five years ago, no way existed to document how TSC progresses over a lifetime in a large number of individuals. In previous studies, correlations between the specific TSC gene mutation and the clinical impact were identified only with small groups of people with TSC.

As of June 30, 2009, 15 TSC clinics were entering data with 810 individuals participating. The TS Alliance provides funding to participating clinics to enter the data and monitors the integrity of the database.

The TS Alliance also continued its commitment to funding research grants. In 2009, 24 research projects were funded for a total of \$686,027. In addition, the University of Cincinnati received continuing funding of \$100,000 from net assets through a TS Alliance Rothberg Courage Award to support the MILES Trial, a clinical trial for the study of rapamycin to treat lymphangioleiomyomatosis (LAM) associated with TSC and sporadic LAM.

Nearly 1 million people worldwide are estimated to have TSC, with approximately 50,000 in the United States.

## PROGRAMS, SUPPORT SERVICES AND RESOURCE INFORMATION (cont.)

### **Support Services**

The TS Alliance develops programs and services that provide individuals with TSC direct access to the information, resources, and specialists experienced in the diagnosis, treatment and management of TSC. Through the network of more than 30 Community Alliances, multiple local educational and support meetings were held throughout the country.

In 2009, we added an educational advocacy program with 22 trainings held in collaboration with Community Alliances. Educational advocacy is an important service to TSC individuals and families as they navigate the school system and as those affected transition from school into the community as adults.

In addition to multiple educational advocacy training presentations, six new educational publications were produced including: School Issues: Frequently Asked Questions, Parent's Rights: Understanding Individuals with Disabilities Education Act 2004, What is an IEP (Individualized Education Program)?, Transitioning from School to Community, Basic TSC Information for Teachers and Teacher's Guide: Educating a Child with TSC.

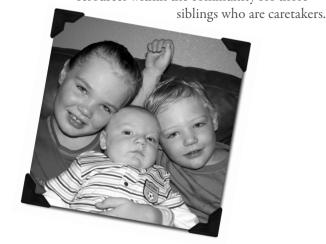
The TS Alliance Director of Advocacy and Education also established a new online blog to encourage frequent and interactive conversations with constituents as they encounter challenges on a daily basis.

In February 2009, the TS Alliance sponsored and underwrote an annual leadership training program for our Community Alliance Chairs. These grassroots volunteer leaders are truly the heart and soul of our organization and their efforts not only account for half of the revenue generated by the organization, but also much of the educational outreach conducted across the nation. The TS Alliance believes strongly in investing in the advocacy program and leadership training to provide skills for our community leaders to effectively build networks across the country, to make TSC more visible in their communities, to strengthen their special events and to empower them.

In April, the TS Alliance sponsored a Regional TSC Conference in Denver, Colorado. The purpose of the Regional TSC Conference, which was educational and constituent-focused, was to bring together individuals with TSC, parents, children, caregivers and health care providers to educate them about the most up-to-date treatments and therapies for those affected by TSC. There were 87 attendees from 7 states, 15 health care providers and expert speakers, 17 hours of one-on-one sessions, and a predominant number of attendees had never been to a TS Alliance conference previously.

To ensure proper services are being provided to adults with TSC, the TS Alliance initiated a series of topical conference calls to serve our adult population, particularly those who do not have access to computers. An Adult Task Force reviewed these needs and began to develop programs to support them. The Adult Task Force identified topic areas and speakers for conference calls, one of which was held in FY 2009.

In response to requests for support of siblings of children with TSC, the TS Alliance started an online, interactive sibling chat group in 2009. Siblings deal with unique issues and concerns that only other siblings understand. The TS Alliance facilitated 11 of these chats, with siblings participating from ages 9 to 56. The topics of these chats ranged from dealing with the holidays to finding resources within the community for those



#### **Public Education**

The TS Alliance heightens awareness of TSC throughout the general public to broaden the scope of support and understanding beyond the TSC individuals and their families. In 2009, the TS Alliance embarked on the development of a communications outreach initiative that included print advertisements in *Exceptional Parent* magazine and *M.D. News*. Moreover, the TS Alliance received significant publicity when a syndicated television show, "The Doctors," ran a full segment about TSC, the TS Alliance and epilepsy surgery in December 2008.

TSC, as well as the work of the TS Alliance, was also highlighted in dozens and dozens of local stories generated by our grassroots volunteers, ranging from reports on events such as Step Forward to Cure TSC to human interest and health reports about families and individuals dealing with the daily struggles of TSC. Two issues of our national magazine, *Perspective* were published in FY 2009 and sent to 12,000 constituents. *Perspective* includes articles on research updates, constituent stories, educational initiatives, and community grassroots activities. Finally, the TS Alliance increases awareness though our comprehensive website.

#### **Government Relations**

The TS Alliance and its volunteer advocates focus on obtaining federal resources for TSC research, clinical care and information dissemination. In 2009, the TS Alliance grassroots volunteers conducted a March of Capitol Hill resulting in 390 Congressional visits and the delivery of information to every Congressional office. These efforts resulted in 79 members of the House of Representatives signing a letter of support circulated by Representatives Loretta Sanchez (D-CA) and Gary Miller (R-CA) and 18 Senators signing a bipartisan letter of support circulated by Senators Sherrod Brown (D-OH) and Mike Crapo (R-ID).

From similar efforts of these volunteers the prior year, the US Congress appropriated \$6 million to TSC research through the Department of Defense Congressional Directed Medical Research Program in February of 2009. The TS Alliance believes the investment into this program has a profound impact on moving new treatments and ultimately a cure forward. The research program administered from the appropriation is a competitive grant review program at Fort Dietrich and the TS Alliance currently receives no direct funding. It is, however, central to the mission of the organization.

Grassroots volunteer leaders are truly the heart and soul of our organization, accounting for half of the revenue generated and much of the educational outreach conducted across the nation.

#### **Professional Education**

The TS Alliance offers several programs targeting health care providers who treat individuals with TSC, medical students, genetic counselors and educators to minimize the consequences of misinformation or lack of education. In 2009, the TS Alliance presented and participated in professional conferences that assisted in educating these professionals, including the International Research Conference held in Brighton, UK, American Society of Nephrology, the American Epilepsy Society (AES), and American Association of Neurology.

In addition, an annual meeting of TSC Clinic Directors was held during the AES meeting for updates in research, clinical care, the TSC Natural History Database and new technology, such as www.seizuretracker.com. The TS Alliance also created a professional online discussion group in 2009 to connect professionals to provide access to the most updated information on treatment and education options.

Further, the Director of Advocacy and Education collaborated with national educational networks, such as the National Association of Middle Schools, in outreach to educators in the area of TSC and services needed for appropriate educational requirements. The Director presented at five professional conferences in Ohio, Pennsylvania and Texas.

# FUND DEVELOPMENT

Each year, people from across the United States help the TS Alliance raise much-needed funds by organizing events ranging from garage sales and bowling or golf tournaments to walkathons or star-studded comedy nights. Others raise money on their own through events like the Geneva Lakes Amazing Race and the Crashin' for the Cause Demolition Derby. No matter the amount, these efforts continue to help our organization provide crucial services, programs and fund research to all those affected by TSC while increasing awareness in their communities.

For fiscal year 2009, special events raised \$1.9 million, which represented 55 percent of the TS Alliance's overall revenue. Some highlights include:

- Honorable Pete Sessions and the Honorable Chris Van Hollen generously loaned their support to the DC Food & Wine Tasting as Honorary Co-Chairs, which helped raise \$100,000.
- Across the country, champions of our cause participated in 28 Step Forward to Cure TSC\* walkathons, raising \$933,889 in the hope of a cure and better treatments.

- On May 7, 2009, families, friends and other supporters celebrated the organization's 35 years of service at the TS Alliance's 35th Anniversary Gala in New York City, raising more than \$200,000. Honorary Chair Julianne Moore was joined by Rachael Ray, Curtis Sliwa, Amy Grant and Vince Gill, along with more than 300 others to mark the momentous milestone and honor Cartier, Tom and Peggy Lindsey, Dr. Peter Crino, Will Cooper and Wentworth Charities.
- Our signature event, Comedy for a Cure®, continued its successful run in Hollywood by honoring its co-founders: Chris Sheffield, Christy Hobart and Henry Shapiro. Melina Kanakaredes of the TV show CSI:NY served as Honorary Chair, while comedians Pat Hazell and Jeffrey Ross added star power to the evening. To date, Comedy for a Cure Hollywood has raised nearly \$1.5 million. Comedy for a Cure Boston enjoyed its third successful year with comedian and Honorary Chair Jimmy Dunn, while Comedy for a Cure Chicago held its second successful event with Honorary Chair Mark Giangreco (Primary Sports Anchor for ABC-7) and comedian Jim Short. The Chicago event honored Dr. Michael Kohrman, Director of TSC Clinic at the University of Chicago Children's Hospital, for his years of service at the clinic.





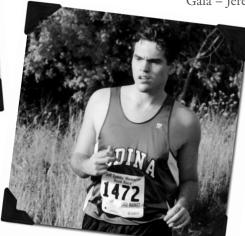
## Step Forward to Cure TSC Walkathons

- Alabama Carole Pitard
- Arizona Debora Moritz
- Atlanta Reiko Donato and Jennifer Weingarth
- Carolinas Jeff and Christi Davis
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- Buffalo Wild Wings Blazin' Golf Tournament
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- Indiana Mark Koers
- Kylie's Hope Neil, Maria and Kelly Gibbons
- Wentworth Charities Golf Classic Tom and Sharon Gwinn





### **Other Major Events**

- Inaugural Taste of the Twin Cities Missy Anderson, Janie Frost and Sarah Hoey
- Houston Bowling Tournament Tony Lauer, Frank Reilly and Richard Schrag
- 3rd Annual Comedy for a Cure Chicago Sandy Smiley
- Youman's Family BBQ Bill Youman and Family
- Comedy for a Cure Boston Jeffrey Hargreaves and Jane Ulwick
- Crashin' for the Cause Demolition Derby Joe and Abby Kopf
- 8th Annual Comedy for a Cure Hollywood Jennifer and Rick Glassman
- DC Food & Wine Tasting Julie Blum and John Poutasse
- 23rd Annual Shrub Sale Burt and Sue Goodrich 35th TS Alliance Anniversary Gala – Jeremy and Robin Krantz
  - Geneva Lakes Amazing Race
     Sharon Clark, Rob Keefe,
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The TS Alliance strives to correctly recognize all donors. We apologize in advance for any errors, omissions or misspellings in this annual report. Please call our office at (800) 225-6872 with any corrections.

## **Endowment Fund**

The Tuberous Sclerosis Alliance Endowment Fund is a separate fiduciary organization specifically chartered to receive gifts that will be invested to generate an income stream that will help fulfill the mission of the TS Alliance. The endowment fund will ensure the TS Alliance has an ongoing source of funding to better serve those touched by tuberous sclerosis complex through research, support services and education.

Fiscal Year 2009: July 1, 2008 - June 30, 2009

Enrichment Society (\$5,000-\$9,999)

Will and Kay Cooper

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"Keepers of the Flame" include members of the TS Alliance community who have designated a planned gift through their wills or estates to the TS Alliance Endowment Fund or TS Alliance. We are pleased to honor the following distinguished members of the Eternal Flame Society:

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#### **Endowment Named Funds**

For gifts of \$25,000 or more (with a pledge payable over five years), a donor has the opportunity to name a fund in honor of someone. We are deeply grateful for the following named funds:

Megan Augustine Fund John A. Conrad Jr. Memorial Fund Carrie Cooper Memorial Fund Lauren E. Krinsky Fund The Lawler Fund Cade Scott Fund

Please remember the Tuberous Sclerosis Alliance Endowment Fund when planning for the future by designating a gift to the organization.

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#### National Tuberous Sclerosis Association, Inc. (d.b.a. TS Alliance) and Affiliate (TS Alliance Endowment Fund)

Consolidated Statements of Financial Position • June 30, 2009 and 2008

	2009	2008	
Assets			
Current Assets Cash Short-term investments Accounts Receivable Promises to Give, current portion Inventory Prepaid Expenses	\$ 731,532 2,600,043 21,815 118,600 23,841 47,609	\$ 558,270 2,890,217 74,736 30,227 13,720 65,534	
Total Current Assets	3,543,440	3,632,704	
Long-Term Investments Promises to give, less current portion Property and equipment	3,651,157 100,000 186,415	4,880,873 - 212,044	
Total Assets	\$ 7,481,012	\$ 8,725,621	
Liabilities and Net Assets Liabilities Current liabilities Accounts payable and accrued expenses Accrued compensation Deferred revenue Gift annuity obligations, current portion	\$ 82,134 46,768 3,900 9,400	\$ 198,277 73,936 - 9,400	
Total current liabilities	142,202	281,613	
Gift annuity obligations, less current portion	63,106	62,024	
Total liabilities	205,308	343,637	
Commitments and contingencies			
Net Assets Unrestricted Undesignated Designated	337,257 4,560,054	(334,721) 6,443,312	
Total unrestricted	4,897,311	6,108,591	
Temporarily restricted Permanently restricted	 1,473,949 904,444	1,368,949 904,444	
Total net assets	 7,275,704	 8,381,984	
Total liabilities and net assets	\$ 7,481,012	\$ 8,725,621	

The TS Alliance annually engages a certified public accounting firm to conduct an independent audit of its operations. The current year's auditors completed its 2009 audit and submitted an unqualified opinion to the TS Alliance Board of Directors. The complete audited financial statements are on file at the TS Alliance. To obtain a copy, please call 800.225.6872. The 2009 summary was prepared from the audited consolidated statements of the TS Alliance and the TS Alliance Endowment Fund. The relationship of the organizations requires consolidation per the Statement of Position (SOP) 94.3, Reporting of Related Entities by Not-for-Profit Organizations. Due to the downturn in the markets, the investments in the TS Alliance Endowment Fund showed a loss in 2009. The operating entity ended the year with a \$67 surplus.

#### National Tuberous Sclerosis Association, Inc. (d.b.a. TS Alliance) and Affiliate (TS Alliance Endowment Fund)

#### Consolidated Statements of Activities

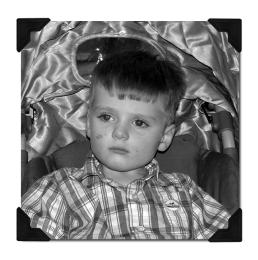
		Unrestricted		Temporarily Restricted		Permanently Restricted	2009 Total	2008 Total
Revenue and Support								
Special Events	\$	1,840,943	\$	74,432	\$	-	\$ 1,915,375	\$ 2,109,619
Cost of direct benefits to donors		(272,432)					(272,432)	(276,172)
Special events, net		1,568,511		74,432		-	1,642,943	1,833,447
Contributions		730,418		547,211			1,277,629	1,095,531
Interest and dividends		125,390					125,390	321,042
Memorials and honorariums		96,492		7,690			104,182	171,698
Federated funding		78,586					78,586	60,323
Regional conferences		41,527					41,527	48,632
Other income		13,852					13,852	2,467
International research conference							-	130,465
		2,654,776		629,333		-	3,284,109	3,663,605
Net assets released from restrictions -								
satisfaction of program restrictions		524,333		(524,333)			-	
Total revenue and support		3,179,109		105,000		-	3,284,109	3,663,605
Expenses								
Program services								
Research		1,311,445					1,311,445	1,744,493
Family services		558,814					558,814	727,106
Public health education		260,804					260,804	325,663
Government relations		142,286					142,286	163,066
Professional education		56,455					56,455	65,625
Total Program Services		2,329,804		-		-	2,329,804	3,025,953
Supporting Services								
Management and general		651,886					651,886	792,165
Fund raising		487,227					487,227	736,074
Total supporting services		1,139,113		-		-	1,139,113	1,528,239
Total expense		3,468,917		-		-	3,468,917	4,554,192
Change in net assets before other item		(289,808)		105,000		-	(184,808)	(890,587
Net loss on investments		(921,472)					(921,472)	(410,066
Changes in net assets		(1,211,280)		105,000		-	(1,106,280)	(1,300,653
Net assets, beginning of year		6,108,591		1,368,949		904,444	8,381,984	9,682,637
Net assets, end of year	\$	\$4,897,311	\$	1,473,949	\$	904,444	\$ 7,275,704	\$ 8,381,984

















801 Roeder Road Suite 750 Silver Spring, MD 20910

> 800-225-6872 www.tsalliance.org