draft agenda as of 7.9.24

8:30 – 9:00 am  Check-In/Registration

9 – 10:30 am  Medical Transition Guidelines and Toolkit
Why it is important to start planning early when transitioning medical care from the pediatric to adult health system and how to use a transition toolkit.
Moderator: Shelly Meitzler, Director, Outreach and Support, TSC Alliance
Speakers: John J. Bissler, MD, Director; James W. Wheless, MD and Sarah Weatherspoon, MD, Co-Directors; Tanjala T. Gipson, MD, TAND Unit Director, Tuberous Sclerosis Center of Excellence at Le Bonheur Children’s Hospital

10:30 – 11:00 am  Break

11 am – 12:30 pm  Navigating the Education System
How to access resources and support services for independent adults with TSC pursuing postsecondary education and information about vocational and postsecondary opportunities for semi-independent and dependent adults with TSC.
Moderator: Shelly Meitzler, Director, Outreach and Support, TSC Alliance
Speaker: Elizabeth Skufca, Community Programs Manager, TSC Alliance

12:30 – 1:30 pm  Lunch
1:30 – 3 pm

**Track 1: Transition into Adulthood: Employment and Higher Education**
Examining issues independent young adults face in the workplace and higher education and how to access support resources.
Moderator: Elizabeth Skufca, Community Programs Manager, TSC Alliance

**Track 2: TAND: Mental Health issues in Living with TSC for Semi Independent and Dependent Adults**
Discussing mental health issues of TSC-associated neuropsychiatric disorders (TAND) including aggression, self-injurious behaviors and how to access support resources.
Moderator: Shelly Meitzler, Director, Outreach and Support, TSC Alliance
Speaker: Tanjala T. Gipson, MD, TAND Unit Director, Tuberous Sclerosis Center of Excellence at Le Bonheur Children’s Hospital

3 – 3:30 pm

**Break**

3:30 - 5 pm

**Track 1: TAND: Mental Health issues in Living with TSC as an Independent Adult**
Discussing mental health issues of TSC-associated neuropsychiatric disorders (TAND) including anxiety, executive function, exhaustion faced by adults with TSC and how to seek support.
Speaker: Tanjala T. Gipson, MD, TAND Unit Director, Tuberous Sclerosis Center of Excellence at Le Bonheur Children’s Hospital

**Track 2: Guardianship and Financial Planning for Semi Independent and Dependent Adults**
An overview of support resources for dependent and semi-independent care that include SSI, waivers, Medicaid, financial planning and guardianship.

5 - 5:30 pm

**Question and Answer Session**